



WOMEN'S MEDICAL GROUP  
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**PATIENT CONSENT FOR THE USE OF  
CLOMIPHENE CITRATE (CLOMID OR SEROPHENE)**

Clomiphene Citrate is an orally administered medication to induce (bring on) ovulation in women who have ovulatory disorders or to hyperstimulate the ovary for treatment of infertility. Clomiphene is administered as a pill in the early part of the cycle for 5 days. Your doctor will tell you the days to take the medication. An ultrasound may or may not be performed mid-cycle to monitor the ovulation.

Approximately 15% of patients taking Clomiphene will experience some side effects or adverse reactions. Common side effects you may have include:

1. Multiple births occur in 6-10% of women who conceive on Clomiphene. The vast majority of deliveries are twins, with less than 1% of reported deliveries being triplets or more. If a multiple pregnancy occurs, complications of the pregnancy include an increased risk of premature labor and/or delivery, fetal injury and/or death due to prematurity, miscarriage and toxemia of pregnancy.
2. Miscarriage rates in women taking Clomiphene vary from 10-25%. The miscarriage rate of the general population is 10-20%. The reason for a possible increased miscarriage is unknown.
3. Ovarian hyperstimulation may occur causing the formation of benign ovarian cysts. These cysts may cause abdominal pain, discomfort, swelling, and possibly can lead to twisting of the ovary or rupture which may require abdominal surgery. The cysts usually regress over a period of two to four weeks, but may persist longer. Promptly call your physician if you experience pain or an increase in discomfort.
4. Breast soreness and/or tenderness.
5. Hot flashes may occur during the time of taking Clomiphene and are self-limited with no consequences.
6. Visual blurring may occur with higher doses of clomiphene. This is a self-limiting process, but requires that you report the reaction promptly to your physician. Avoid driving, operating machinery or any activity requiring visual skills until the blurring has completely resolved.
7. The risk of congenital malformations (birth defects) in children conceived by clomiphene is no different from the incidence of congenital malformations in the general population. However, one cannot exclude the possibility of an abnormal baby in patients taking clomiphene. Clomiphene should never be taken if a patient suspects that she may be pregnant or once pregnancy is confirmed.
8. Clomiphene taken for longer than one year has been implicated in an increased ovarian cancer risk. More recent large studies have shown no increase in ovarian cancer risk in long term clomiphene users.
9. Other minor reactions include: headache, nausea, vomiting, fatigue, insomnia, dizziness, and nervousness. These are limited to the cycle of treatment with clomiphene.

I have read the above information and have had all questions answered to my satisfaction. I consent to the use of clomiphene citrate.

\_\_\_\_\_  
Patient's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Witness