

## **Sex & Individual / Couple Therapy Referrals**

### **Sex Therapists**

- Dr. Britney Blair , PhD (415) 843-1523
- Monica Stone, MFT, Menlo Park (650) 858-1526
- Beth O'Malley, Palo Alto, California (650) 262-5681
- Roberta Sherwood, MFT, San Mateo (650) 685-5600
- Linda Banner, PhD, San Jose, (408) 358-7401 (evening appts available)
- Susan Hennings, MFT, San Jose, (408) 566-3061 (evening appts available)
- Beth Anstandig Killough, MFT, Los Gatos (408) 380 1221
- David Marcus, San Jose, CA (408) 313-3365
- Ruth Clifford, PhD - Los Altos, CA (650) 949-5199
- Marty Klein, PhD - (650) 856-6533

These people are not certified sex therapists but do work with couples re: sexual issues.

- Lily Lu, MFT, Los Gatos (408) 797-7067
- Toni Kouri, MFT, Los Gatos (408) 850-2833
- Holly Osment, MFT, Los Gatos (408) 550-5101

Visit these websites for the "Find a Therapist" section:

- [www.aasect.org](http://www.aasect.org) - American Assn. Sex Educators, Counselors & Therapists
- [www.sstar.org](http://www.sstar.org) - The Society for Sex Therapy and Research
- [www.nva.org](http://www.nva.org) - The National Vulvodynia Association (specialists for treatment of vaginismus and painful sex).

### **General Individual or Couple Psychotherapy Referrals**

- Contact your healthcare insurer for a list of in-network providers
- Visit the Psychology Today website for a directory of local psychotherapists and their specialties - <https://therapists.psychologytoday.com>

\_\_\_\_\_ You may look up the licensing status, background and history of these potential referrals on the California Board of Behavioral Sciences website: [www.bbs.ca.gov/](http://www.bbs.ca.gov/).