



Stanford
HEALTH CARE

Los Olivos Women's Medical Group

Post LEEP instructions

What should I expect after surgery?

A brownish-black vaginal discharge is normal during the first two weeks as the cervix heals. The discharge may then turn into a clear, watery discharge. It is normal for it to have an odor.

What should I avoid?

No intercourse for 2 weeks.

Avoid lifting heavy objects or doing strenuous exercise for one week

Do not use tampons for one week after the surgery.

What should I take for pain?

Ibuprofen 600-800 mg every 6 hours should control pain. If it does not, call the office for a stronger medication. Please have your pharmacy's phone number available.

What should I call about?

Call for any heavy bleeding (unless it is your normal menses), a temperature above 101 degrees, increased pelvic pain or a foul vaginal odor.

When should I schedule a follow-up appointment?

Schedule a pap smear in 3 months.